

Rooster Leefstijl & Training						
Maandag	Dinsdag	Woensdag	Donderdag	Vrijdag	Zaterdag	Tijd
	Fitheidstraining			Fitheidstraining		08:00
	Danielle			Alien		08:15
	8:00-9:00			8:00-9:00	Fitheidstraining	08:30
					Danielle	08:45
Fitheidstraining	Fitheidstraining	Fitheidstraining	Fitheidstraining	Fitheidstraining	08:30-9:30	09:00
Thomas	Danielle	Alien	Alien	Alien		09:15
9:00 - 10:00	9:00-10:00	9:00-10:00	9:00-10:00	9:00-10:00	Fitheidstraining	09:30
					Danielle	09:45
	Fitheidstraining	Fitheidstraining	Fitheidstraining	Fitheidstraining buiten	09:30-10:30	10:00
	Danielle	Alien	Alien	Alien		10:15
	10:00-11:00	10:00-11:00	10:00-11:00	10:00-11:00	Small Group	10:30
					Danielle	10:45
					10:30-11:30	11:00
						11:15
						11:30
						11:45
	Fitheidstraining			Fitheidstraining		12:00
	Danielle			Alien		12:15
	12:00-13:00			12:00-13:00		12:30
						12:45
						13:00
						13:15
						13:30
						13:45
						14:00
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						15:15
						15:30
						15:45
						16:00
						16:15
						16:30
						16:45
Fitheidstraining						17:00
Alien	Pilates					17:15
17:00-18:00	Alien					17:30
	17:30-18:30	Small Group				17:45
Small Group		Danielle				18:00
Alien	Fitheidstraining	18:00-19:00				18:15
18:00-19:00	Alien					18:30
	18:30-19:30	Fitheidstraining	Fitheidstraining			18:45
Pilates		Danielle	Alien			19:00
Alien	Fitheidstraining	19:00-20:00	19:00-20:00			19:15
19:00-20:00	Alien					19:30
	19:30-20:30					19:45
Fitheid						20:00
Alien						20:15
20:00-21:00						20:30
						20:45
						21:00
Fitheid						21:15
Alien						21:30
21:00-22:00						21:45